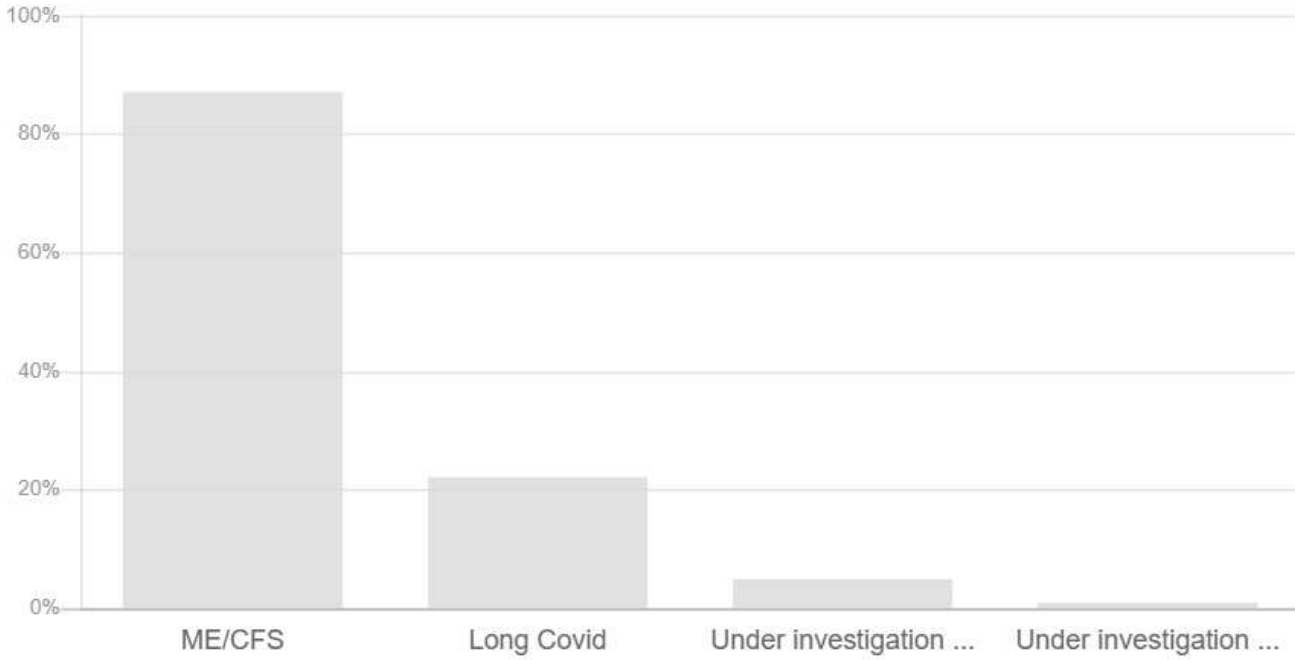


# Diabetes Survey

Question 1  CHECKBOXES

Do you have any of the following diagnoses?



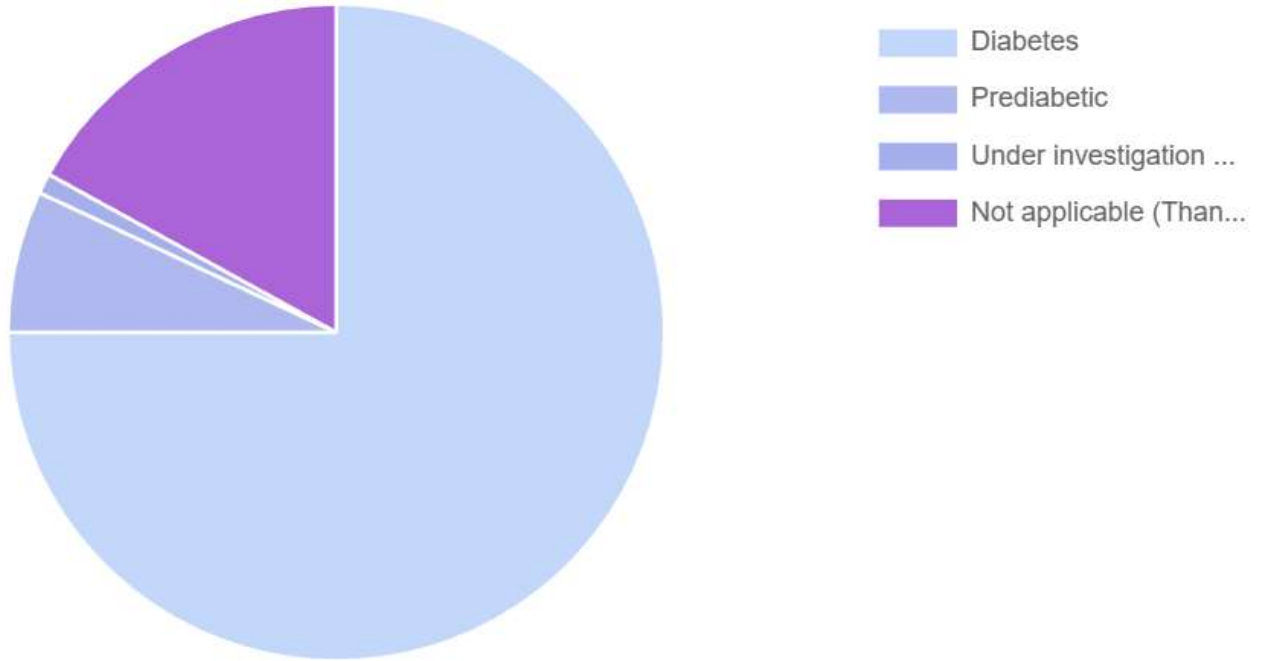
ANSWERS	RESPONSES	
ME/CFS	87%	286
Long Covid	22%	71
Under investigation for ME/CFS	5%	17
Under investigation for Long Covid	1%	4

329 Answered

1 Skipped

Question 2  MULTIPLE CHOICE

Do you also have any of the following diagnoses?



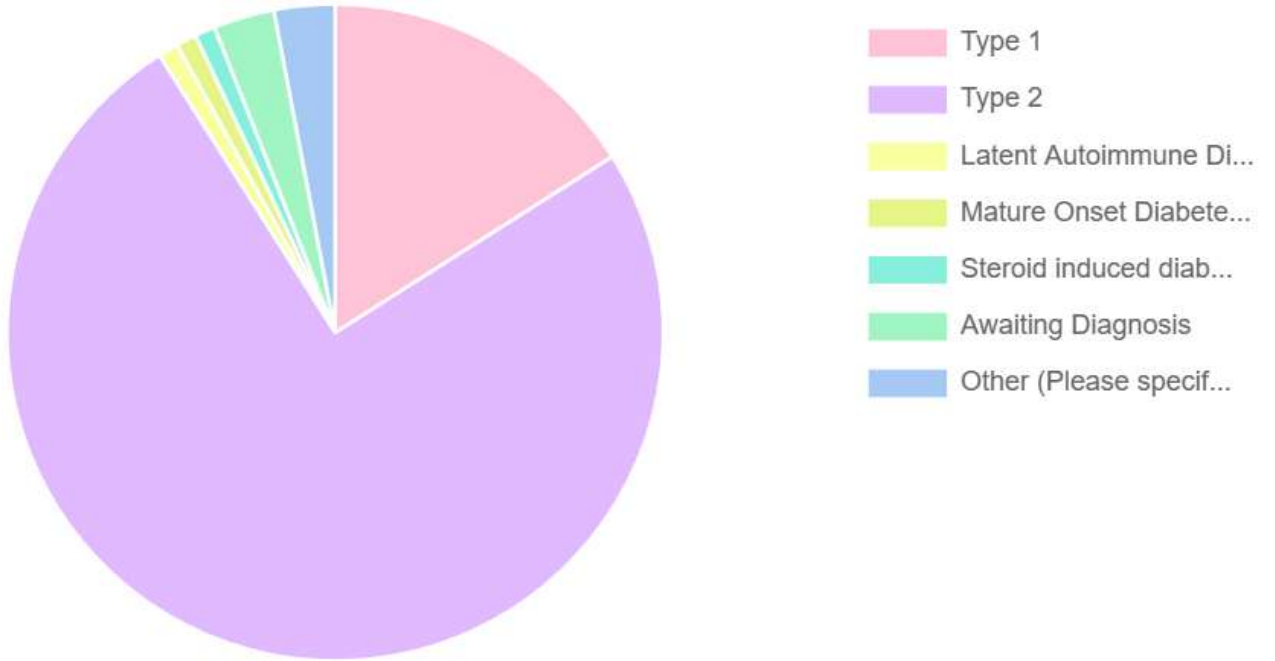
ANSWERS	RESPONSES	
Diabetes	75%	246
Prediabetic	7%	24
Not applicable (Thank you, we are looking to survey those with diabetes)	17%	56
Under investigation for Diabetes	1%	4

330 Answered

0 Skipped

Question 3 ☰ MULTIPLE CHOICE

Which type of Diabetes do you have?



ANSWERS	RESPONSES	
Type 2	75%	206
Latent Autoimmune Diabetes in Adults (LADA)	1%	3
Awaiting Diagnosis	3%	8
Type 1	16%	43
Other (Please specify)	3%	9
Steroid induced diabetes	1%	3
Mature Onset Diabetes in Young People (MODY)	1%	2

274 Answered

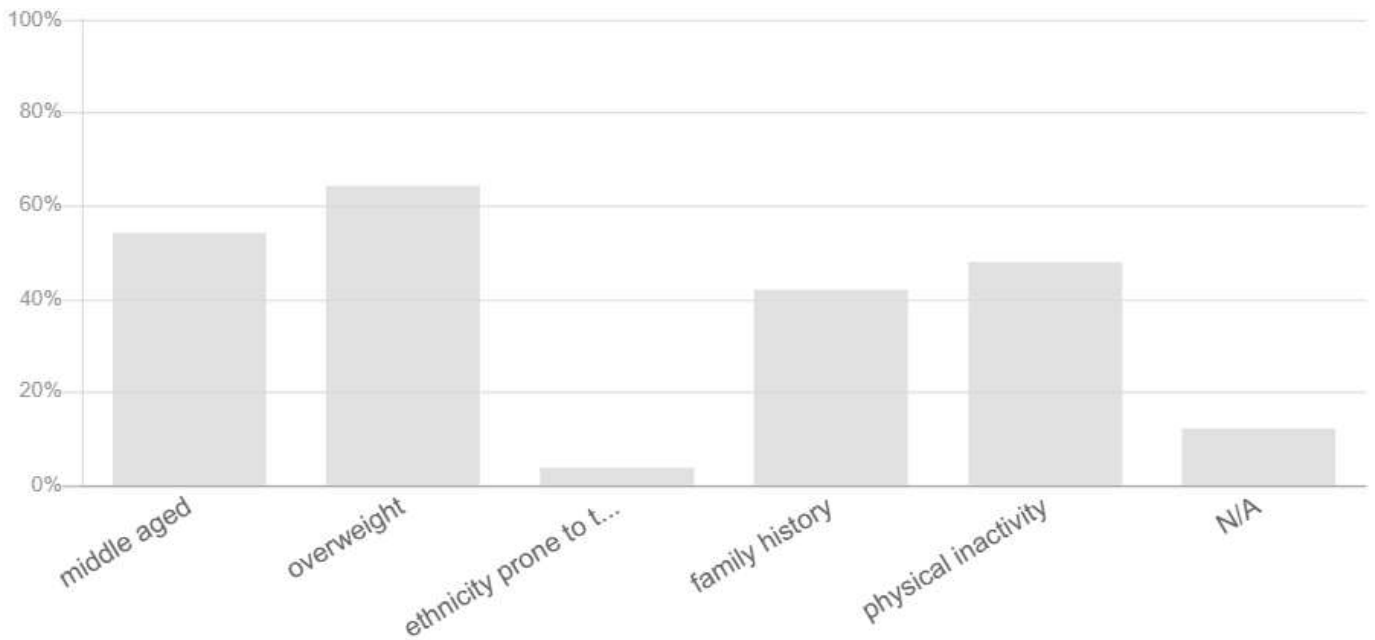
56 Skipped

9 Answered

321 Skipped

Question 5  CHECKBOXES

Did you have any of the following risk factors for developing diabetes?



**ANSWERS**

**RESPONSES**

middle aged

54%

142

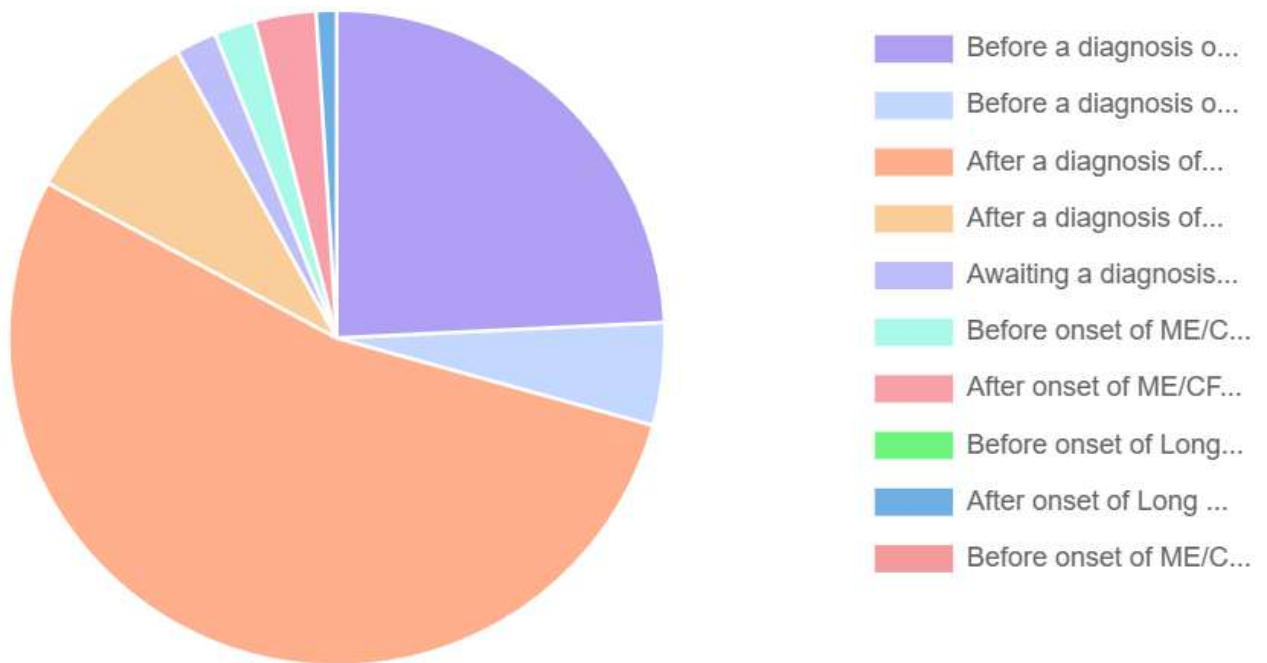
ANSWERS	RESPONSES	
overweight	64%	169
ethnicity prone to the disease	4%	10
family history	42%	110
physical inactivity	48%	127
N/A	12%	31

265 Answered

65 Skipped

Question 6 ☰ MULTIPLE CHOICE

### When did you receive a diagnosis of Diabetes?



ANSWERS	RESPONSES	
Before onset of ME/CFS symptoms (and yet to receive ME/CFS diagnosis)	0%	1
Before a diagnosis of Long Covid	5%	15
After a diagnosis of ME/CFS	53%	144

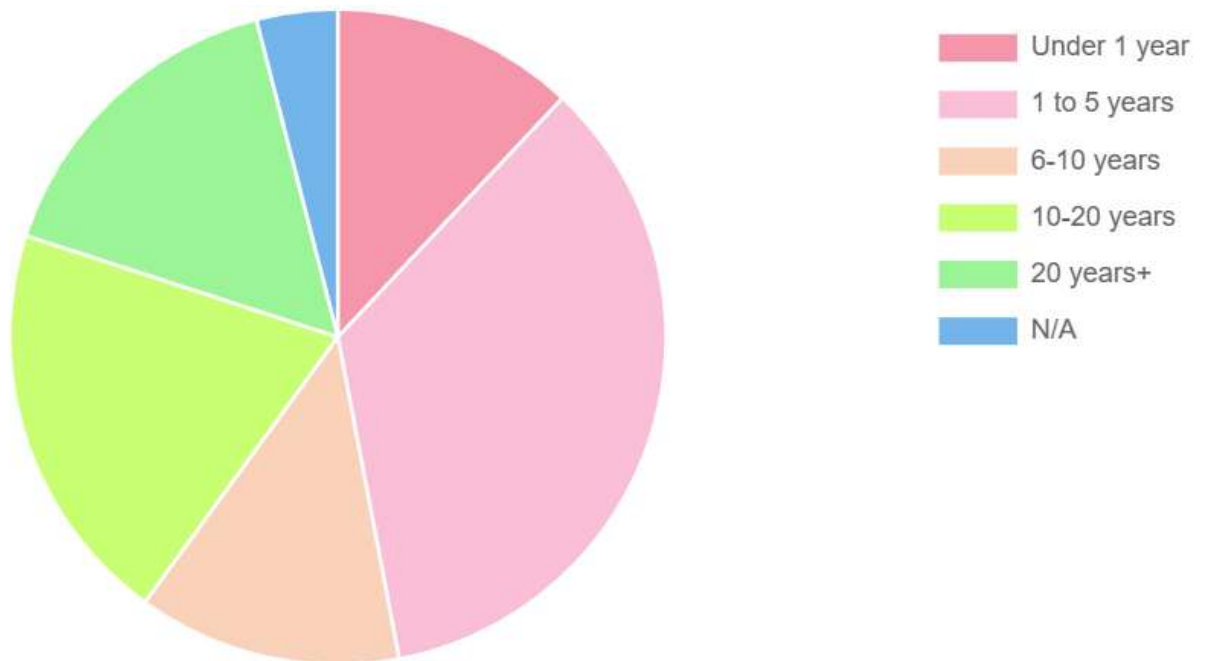
ANSWERS	RESPONSES	
After a diagnosis of Long Covid	9%	24
Awaiting a diagnosis (Diabetes)	2%	5
After onset of Long Covid symptoms (still waiting to receive Long Covid diagnosis)	1%	4
Before a diagnosis of ME/CFS	24%	66
After onset of ME/CFS symptoms (still waiting to receive ME/CFS diagnosis)	3%	9
Before onset of ME/CFS symptoms (still waiting to receive ME/CFS diagnosis)	2%	5
Before onset of Long Covid symptoms (still waiting to receive Long Covid diagnosis)	0%	1

274 Answered

56 Skipped

Question 7 ☰ MULTIPLE CHOICE

### How long have you had Diabetes?



ANSWERS	RESPONSES	
N/A	4%	11

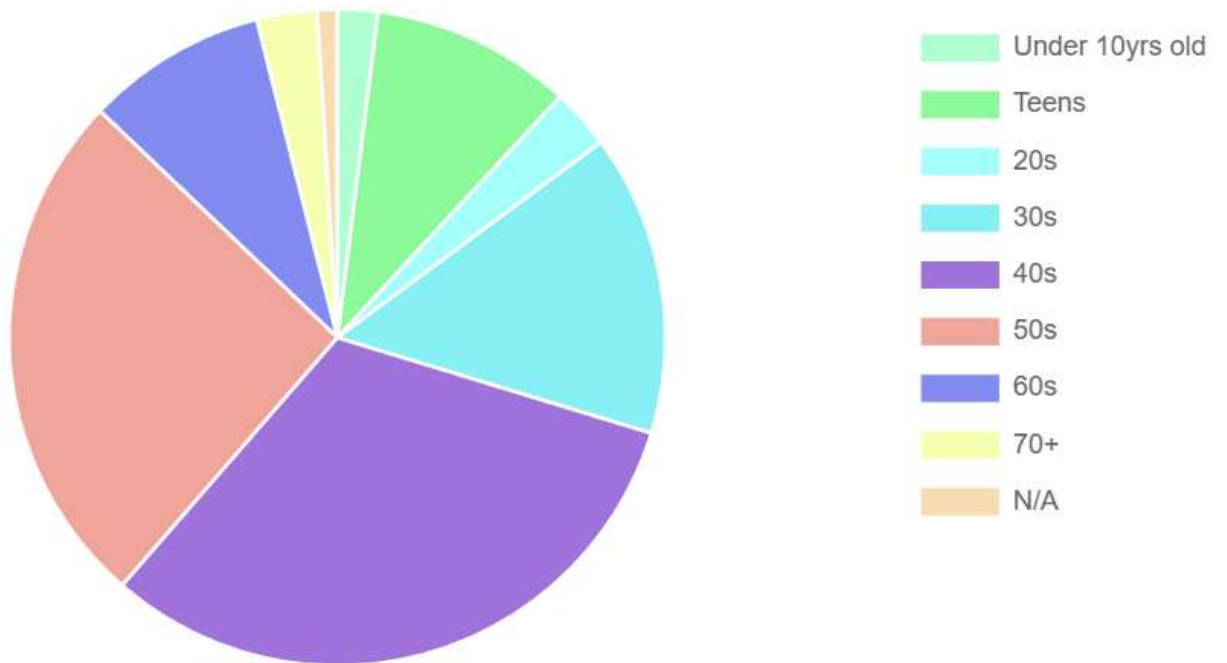
ANSWERS	RESPONSES	
Under 1 year	12%	33
10-20 years	20%	54
1 to 5 years	35%	97
20 years+	16%	44
6-10 years	13%	35

274 Answered

56 Skipped

Question 8 ☰ MULTIPLE CHOICE

How old were you when you were diagnosed? (or if you are awaiting diagnosis, how old were you when symptoms started)



ANSWERS	RESPONSES	
N/A	1%	4
40s	32%	87
50s	26%	70

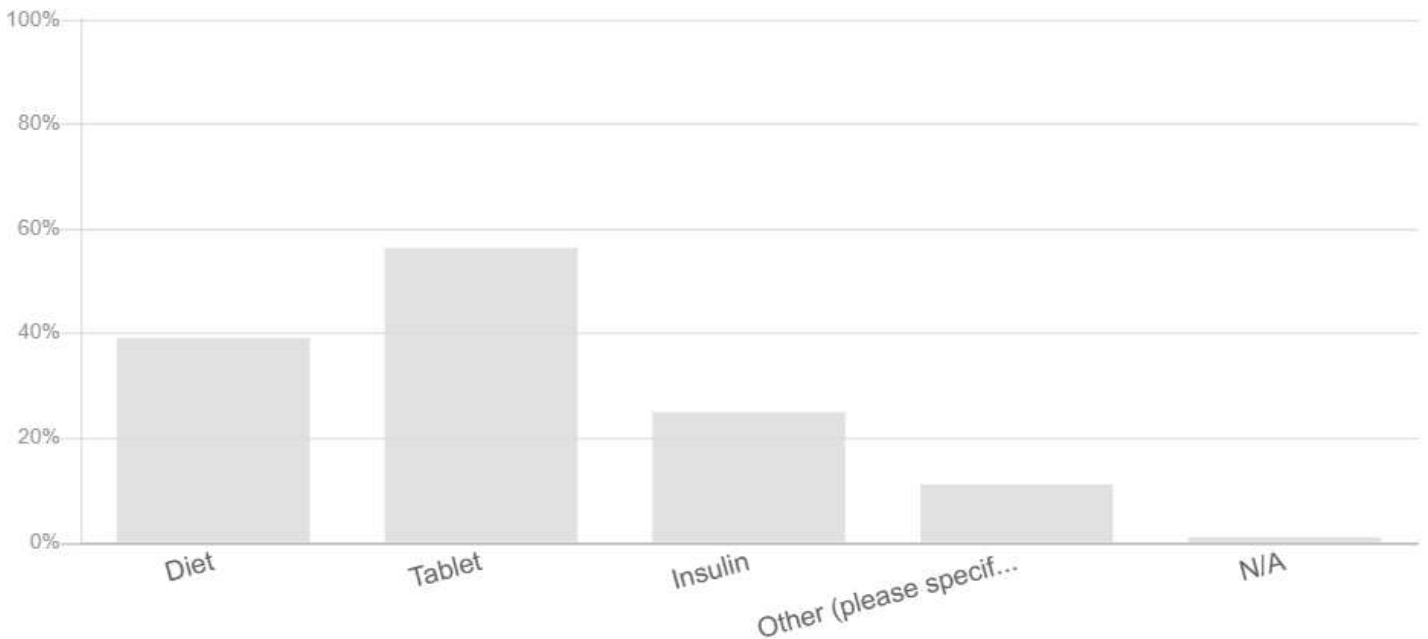
ANSWERS	RESPONSES
Teens	10% 28
60s	9% 24
20s	3% 7
30s	15% 41
70+	3% 7
Under 10yrs old	2% 6

274 Answered

56 Skipped

Question 9  CHECKBOXES

### How is your diabetes currently controlled?



ANSWERS	RESPONSES
Diet	39% 106
Tablet	56% 153
Insulin	25% 68

ANSWERS	RESPONSES	
Other (please specify)	11%	30
N/A	1%	4

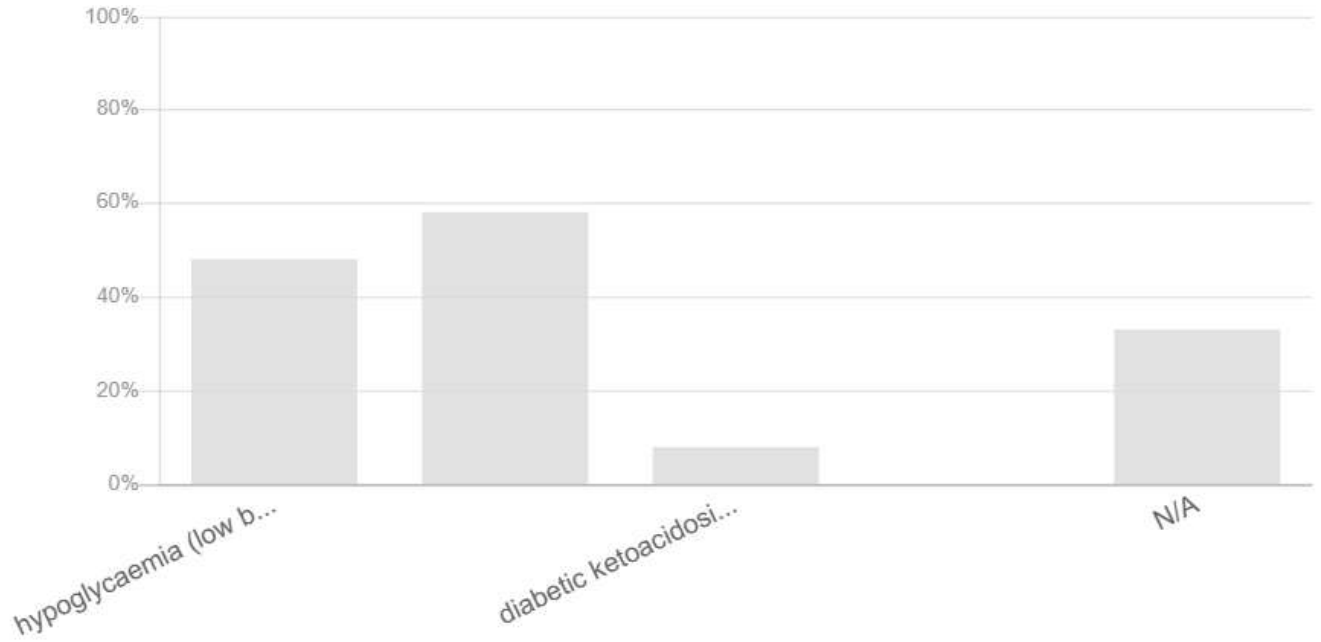
272 Answered

58 Skipped

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Question 11  CHECKBOXES

Have you experienced any of the following?



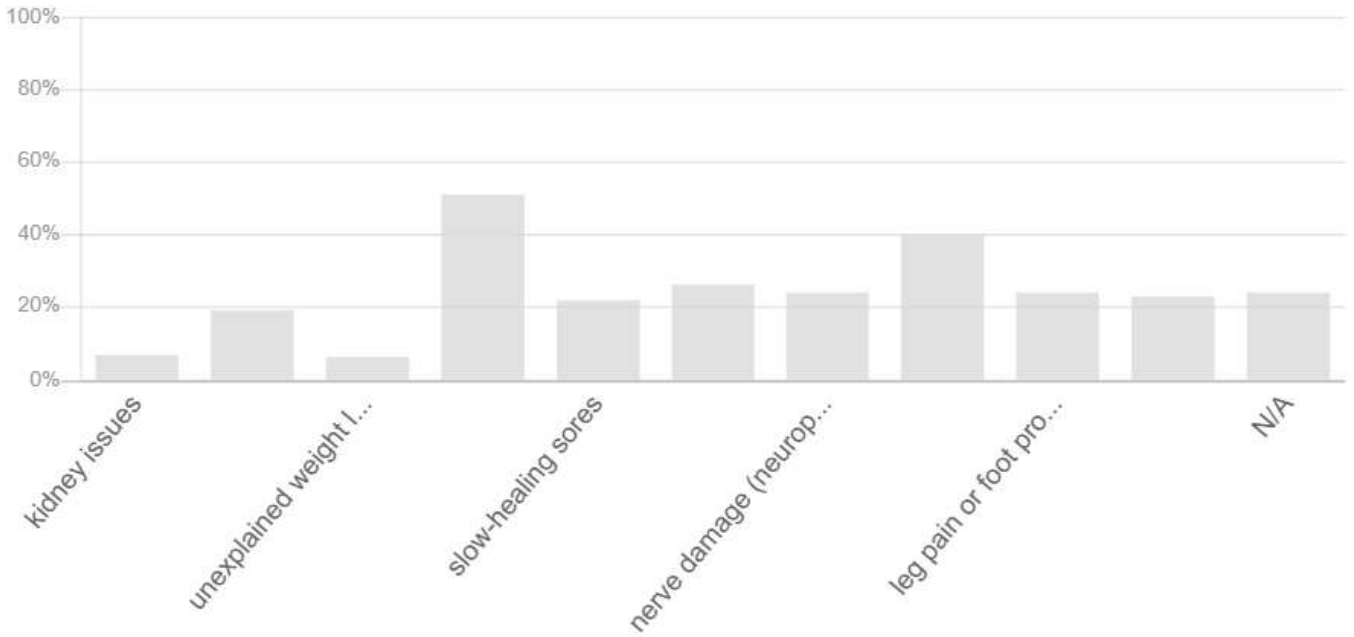
ANSWERS	RESPONSES	
hypoglycaemia (low blood sugar)	48%	131
hyperglycaemia (high blood sugar)	58%	159
diabetic ketoacidosis (DKA)	8%	21
hyperosmolar hyperglycaemia state (HHS)	0%	1
N/A	33%	90

274 Answered

56 Skipped

Question 12  CHECKBOXES

Have you developed any of the following symptoms or complications since developing diabetes?



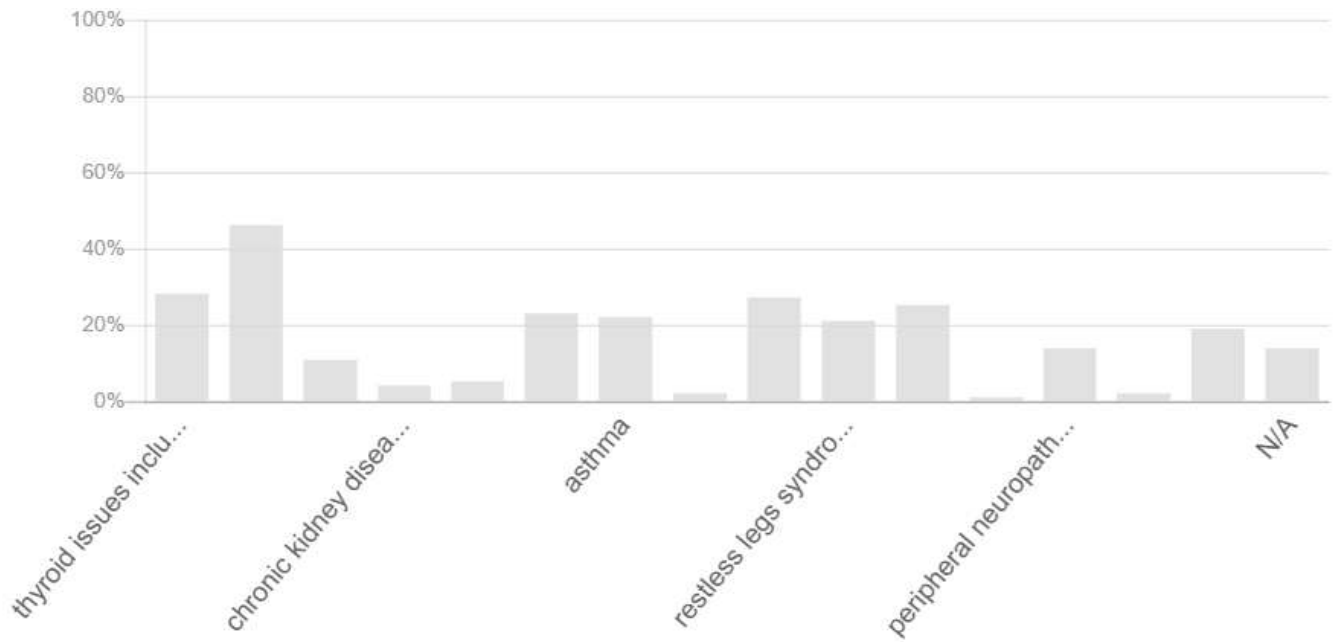
ANSWERS	RESPONSES	
kidney issues	7%	20
eye problems (retinopathy)	19%	52
unexplained weight loss	6%	17
increased fatigue	51%	141
slow-healing sores	22%	60
increased susceptibility to infections	26%	72
nerve damage (neuropathy)	24%	65
muscle pain and joint problems	40%	109
leg pain or foot problems	24%	67
tooth decay	23%	62
N/A	24%	67

274 Answered

56 Skipped

Question 13  CHECKBOXES

# Do you a diagnosis of any of the following?



ANSWERS	RESPONSES	
thyroid issues including Hyperthyroidism or Hypothyroidism	28%	76
hypertension (high blood pressure)	46%	125
hyperlipidaemia (an elevated level of lipid)	11%	29
chronic kidney disease	4%	12
cardiovascular diseases	5%	13
osteoarthritis	23%	64
asthma	22%	61
diabetic gastroparesis	2%	5
sleep disorders (including sleep apnea)	27%	73
restless legs syndrome	21%	58
fatty liver disease	25%	68
charcot foot (where fractures don't heal)	1%	2
peripheral neuropathy	14%	37
chronic obstructive pulmonary disease (COPD)	2%	5

ANSWERS	RESPONSES	
autoimmune condition	19%	51
N/A	14%	38

274 Answered

56 Skipped