

Help provide support and hope to people affected by ME/CFS/LC



# Fundraising ideas for faith groups

- Specify a collection is for the MEA
- Hold a special service, dedicated to raising awareness about ME (with collection)
- Coffee and cake morning with proceeds going to MEA
- Church fete with proceeds going to MEA
- Raffle with proceeds going to MEA
- Charity community lunch – people donate to attend
- 'Light a candle for ME' – Donate to light a candle
- Sponsored walk/pilgrimage type walk to symbolise daily struggles of those with ME.




Please pay funds in using:

<https://meassociation.org.uk/donate>



Fundraising Team

 [fundraising@meassociation.org.uk](mailto:fundraising@meassociation.org.uk)  
[meassociation.org.uk](https://meassociation.org.uk)

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